

AVANOS[®]

Medical Sciences & Global Education

COURSES

Continuing Education



CONTINUING EDUCATION CATEGORIES

SPECIALTY NUTRITION SYSTEMS COURSES

1. Adult Feeding Tube Placement and Techniques
2. Biofilm, Enteral Nutrition, and Newborns
3. ENFit® Transitioning to Safer Enteral Connectors
4. Jejunal Feeding Tubes: An Adjunct Nutrition Therapy
5. Enteral Feeding: Care and Maintenance of the Stoma Site
6. Short Term Tube Placement and Techniques in Pediatric Patients
7. Malnutrition in Pediatric Patients: A Comprehensive Review
8. Best Practices in Identifying and Managing Malnutrition in Adult Patients
9. Comprehensive Care of Long-term Feeding Tubes
10. Issues In Enteral Feeding: Aspiration
11. CPAP Belly Syndrome in Preterm Infants: Recognition & Management
12. Low-Profile Balloon-Gastrostomy Tubes: Transitioning into Adult Care Settings

PAIN MANAGEMENT & RECOVERY COURSES

1. Cold Compression Therapy for Orthopedic Injury & Post-Op Recovery
2. Evolution of the Opioid Crisis
3. Topics for Pain and Pain Management
4. Effective Pain Management-Looking at Options Beyond Opioids
5. Improving Outcomes with Opioid Prescriptions: A Look at the CDCs Updated 2022 Guideline for Opioid Prescribing
6. Radiofrequency Ablation: Effective Options for Musculoskeletal Pain

ADDITIONAL COURSES

1. Sepsis
2. Is Your Surgery Center Prepared for The Next Pandemic?
3. Door to Door: Infection Prevention Risk Assessment in an Ambulatory Surgical Center

Use the link below to log in as a student for courses

<http://www.healthstream.com/hlc/AMPAE>

If you have any recommendations for future course topics, please contact Avanos!

AVANOS COURSE CATALOG

Course	Description
<p>Adult Feeding Tube Placement and Techniques</p>	<p>This course reviews the effective delivery of enteral nutrition support into the gastrointestinal tract by focusing on a variety of enteral feeding tubes and delivery methodologies in adults. This continuing education activity will identify adult patient malnutrition and its impact on clinical outcomes. There will be a focus on the significance and health benefits of nutrition support and its delivery through various enteral feeding practices. Adult enteral feeding tube placement techniques will be analyzed with respect to success rates and potential complications. Selecting the most appropriate device and a feasible placement route for each adult patient's specific needs will be reviewed.</p>
<p>Biofilm, Enteral Nutrition, and Newborns</p>	<p>This course describes the significance of the Human Microbiome Project, explains biofilm's effect on health and diseases, discusses the role of biofilm in enteral nutrition, and identifies ways to minimize the development of biofilm in the enteral feeding of newborns.</p>
<p>ENFit® Transitioning to Safer Enteral Connectors</p>	<p>With an emphasis on how ENFit® connectors reduce the risk of misconnection, you will learn which nursing practices will change and which practices will remain the same. The course is divided into four easy to digest modules ranging from 10-20 minutes each. Module one covers the small-bore connector design change, provides a rationale for the change, and an overview of how ENFit® connectors help enhance patient safety by reducing the risk of enteral misconnections. Module two discusses and demonstrates the proper use of medication preparation and administration using ENFit® devices. Module three provides a focus on cleaning ENFit® connectors. Finally, module four addresses specific clinical applications and offers valuable tips for a smooth ENFit® transition in your facility.</p>
<p>Jejunal Feeding Tubes: An Important Adjunct Nutrition Therapy</p>	<p>This course reviews the history of jejunal feeding tube use along with the benefits of this enteral nutrition delivery method in adults. There will be a focus on malnutrition and cancer with a brief literature review highlighting the impact of supplemental jejunal feeding in this population. This continuing education activity will review jejunostomy feeding tube placement techniques, attributes, indications for use and complications. These placement techniques will be further analyzed with respect to success rates and potential complications. Finally, participants will gain a broader understanding of the tailored nursing care required for managing jejunal feeding tubes.</p>
<p>Enteral Feeding: Care and Maintenance of the Stoma Site</p>	<p>Today, in many homes, hospitals and long-term care facilities, there are patients who cannot or will not eat, and who require long-term nutritional support. Enteral feeding tubes are the lifeline that enables these patients to receive the nutrition and medications they need to survive. As a healthcare provider caring for patients requiring enteral feeding, it is important to become familiar with the individual types of feeding tubes, their components, care, potential complications, and preventative measures. Optimal care and management by the multidiscipline care team are the keys to reducing complications and ensuring a more successful patient outcome.</p>
<p>Short Term Tube Placement and Techniques in Pediatric Patients</p>	<p>This course reviews the effective delivery of enteral nutrition support into the gastrointestinal tract by focusing on a variety of enteral feeding tubes and delivery methodologies in pediatrics. This continuing education activity will identify pediatric malnutrition and its impact on clinical outcomes. There will be a focus on the significance and health benefits of nutrition support and its delivery through various enteral feeding practices. Pediatric enteral feeding tube placement techniques will be analyzed with respect to success rates and potential complications. Finally, participants will gain a broader understanding of differences between typical enteral nutrition formulations and tube feeding regimens.</p>

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<p>Malnutrition in Pediatric Patients: A Comprehensive Review</p>	<p>This course on Pediatric Nutrition provides a wide-ranging overview of the critical aspects of child nutrition, addressing the lifelong impact of childhood nutrition, methods for identifying at-risk children, and the diagnosis of pediatric malnutrition. It emphasizes the importance of meeting or exceeding Dietary Reference Intakes (DRI) to prevent deficiencies and promote optimal growth and development. The course delves into specific micronutrients like iron and vitamin D, highlighting their roles, dietary sources, and recommended treatment approaches for deficiencies. By the end of this course, learners will have a comprehensive understanding of key principles in pediatric nutrition, equipping them with valuable knowledge for improving the health and well-being of children.</p>
<p>Best Practices in Identifying and Managing Malnutrition in Adult Patients</p>	<p>This course is designed to help practitioners identify and manage adult malnutrition across all settings in hopes to mitigate the social and economic burden of malnutrition as seen in the United States. This course provides a comprehensive overview of adult malnutrition outlining the current etiology-based approach and specific diagnostic criteria, stresses the importance of regular nutrition screening, and demonstrates the application of a proper nutrition-focused physical exam. It emphasizes the importance of meeting or exceeding Dietary Reference Intakes (DRI) to prevent deficiencies and promote optimal health. The course delves into specific micronutrients like iron and Vitamin D, highlighting their roles, dietary sources, and recommended treatment approaches for deficiencies. By the end of this course, learners will have a comprehensive understanding of adult malnutrition, equipping them with valuable knowledge for improving the health and well-being of adults.</p>
<p>Comprehensive Care of Long-term Feeding Tubes</p>	<p>Unlock the potential of enteral access devices in your nursing practice with our comprehensive course on long-term feeding solutions. Discover the key features of these essential tools, tailored to meet diverse patient needs. Learn how to effectively manage and prevent common complications such as infections, tube dislodgement, and blockages. Gain insights into the latest advancements with ENFit® connectors, designed to enhance patient safety and streamline care. Register for the course to elevate your skills and ensure optimal outcomes for your patients, making every meal count.</p>
<p>Issues In Enteral Feeding: Aspiration</p>	<p>This course provides a comprehensive overview of aspiration prevention, identification, and management, in patients receiving enteral feeding. Key areas include understanding patient-specific risk factors, such as impaired swallowing, altered gastric function, and reduced consciousness. The course addresses how sedation increases aspiration risk and outlines preventive measures like head-of-bed elevation, regular tube placement verification and avoiding bolus feeding in high-risk patients. Practical strategies and best practices are emphasized to reduce complications and enhance patient safety and outcomes.</p>
<p>CPAP Belly Syndrome in Preterm Infants: Recognition & Management</p>	<p>This course explores CPAP belly syndrome, a common complication of continuous positive airway pressure in preterm infants. Learners review the history of CPAP, the pathophysiology and diagnosis of CPAP belly, and its impact on clinical care. Evidence from literature and case reports is presented, highlighting risk factors, clinical outcomes, and management strategies. Preventive measures and case studies on abdominal support are presented, along with innovative approaches in gastric decompression. By the end of the course, participants will be equipped with practical knowledge to optimize outcomes for preterm infants and advance neonatal care.</p>

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<p>Low-Profile Balloon-Gastrostomy Tubes: Transitioning into Adult Care Settings</p>	<p>Enteral access devices are essential tools in providing safe and effective delivery of nutrition support. This course will describe the routine care of the low-profile balloon gastrostomy device. The final common pathway to malnutrition involves a myriad of conditions that may necessitate enteral feeding and is one of the most common indications for gastrostomy placement in the adult patient. The purpose of this course is to familiarize caregivers with the overall management of enteral feedings using a low-profile balloon gastrostomy device. Identification and treatment of common non-urgent, urgent and emergent complications will also be discussed.</p>
<p>Cold Compression Therapy for Orthopedic Injury & Post-Op Recovery</p>	<p>This course defines the term cryotherapy, explains the biologic effects of cryotherapy, identifies historical events and individuals who contributed to the evolution of cryotherapy, and discusses the use of cold-compression devices on musculoskeletal injuries and post-op orthopedic patients. It also summarizes strategies for the safe use of these devices.</p>
<p>Evolution of the Opioid Crisis</p>	<p>Given the ongoing battle to reduce opioid prescriptions and overdose deaths while effectively managing pain, it is imperative that healthcare professionals stay informed and involved. This education program will review the evolution of the opioid crisis in the United States. There will be a focus on strategies and emerging trends employed to reduce opioid prescriptions while safely and effectively managing pain.</p>
<p>Topics for Pain and Pain Management</p>	<p>In this course, you will learn about the different types of pain and pain management strategies. Pain may be acute or chronic and be nociceptive or neuropathic in origin. To manage pain, an understanding of the different types of pain and the pathophysiology behind the pain will aid you in performing a thorough pain assessment. Recognizing the mechanisms of nerve conduction and the phases of the pain process will help you differentiate from acute and chronic pain. You will review the methods available for the treatment of acute and chronic pain, common pain management modalities, common adjuvants used for the management of pain, and you will identify alternate pain management strategies. Your understanding of the different types of pain and management strategies will facilitate the diagnosis and treatment plan for your patient's pain management.</p>
<p>Effective Pain Management: Looking At Options Beyond Opioids</p>	<p>Clinicians who understand opioid free alternatives to managing pain are better equipped to provide safe and effective care. This continuing education program will provide an overview of the physiology of acute pain, the potential progression to chronic pain, and examples of nonopioid practices for the management of acute and chronic pain.</p>
<p>Improving Outcomes with Opioid Prescriptions: A Look at the CDC's Updated 2022 Guideline for Opioid Prescribing</p>	<p>In this educational program, we will cover essential topics related to pain management. We will summarize key issues related to effective pain management and outline nursing's perspectives on their role in the process. Furthermore, we will discuss the nursing implications of the 2022 CDC Clinical Practice Guideline for Prescribing Opioids for Pain and describe various multimodal approaches that can be incorporated into patient education. Finally, we will provide examples of related resources that can aid in the effective management of pain.</p>
<p>Radiofrequency Ablation: Effective Options for Musculoskeletal Pain</p>	<p>Many times, nurses who are involved with pain management are not aware of radiofrequency technologies including how long they have been used and how they have evolved. This program will provide an overview of three types of radiofrequency technologies, how they are different, and studies that have been published with clinical outcomes. Because a large percentage of the population suffers from muscular-skeletal pain and osteoarthritis, this program will have a narrow focus to allow nurses to better understand treatment options and the algorithms clinical teams use to create a pain management plan of care specific to this patient population.</p>

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Sepsis	Sepsis is a leading cause of death and a medical emergency. In this course, you will learn how timely, evidence-based diagnosis and treatment of sepsis can prevent the occurrence of septic shock, improve patient outcomes, and save lives. You will learn to assess commonly associated risk and causal factors, to initiate and complete diagnostic and treatment bundles, and to anticipate and prevent sequelae of septic shock that can lead to multi-organ failure and death. Finally, you will learn how nutritional metabolic management can directly decrease rates of morbidity in septic patients.
Is Your Surgery Center Prepared for The Next Pandemic?	This continuing education activity will explain why preparation for pandemics is essential. There will be a focus on Surgery Centers where the impact, lessons and strategies learned from the COVID-19 pandemic will be described. Finally, selected requirements from the Centers for Medicare and Medicaid Services (CMS) Final Rule on Emergency Preparedness for Surgical Centers will be reviewed.
Door To Door: Infection Prevention Risk Assessment in an Ambulatory Surgical Center	Risk of a patient receiving a healthcare related infection increases as soon as a patient enters your facility. This seminar will describe the facility areas and procedures that may increase this risk. It will also outline activities to mitigate the hazards.